A Guide to Managing
Donor Sites
The Painful Second Wound

Focus is often placed on a successful skin graft site. But harvesting for a graft creates a second wound with its own challenges - the donor site wound. It has been reported that pain and discomfort occur more often in donor site wounds than in the actual graft recipient site.

The Ideal Dressing

Finding dressings that address the needs of donor site wounds can be challenging to clinicians. Using PROMOGRAN PRISMA™ Matrix as a primary dressing provides many advantages for both patient comfort and improved outcomes.

In a global online survey, clinicians stated the following characteristics were either essential or desirable in a donor site wound dressing:

<table>
<thead>
<tr>
<th>% OF CLINICIANS THAT AGREED:</th>
<th>DRESSING CHARACTERISTICS⁴</th>
<th>PROMOGRAN PRISMA™ MATRIX PROVIDES:</th>
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</thead>
<tbody>
<tr>
<td>98.5%², A</td>
<td>Pain-free dressing changes</td>
<td>Composite of 44% oxidized regenerated cellulose (ORC), 55% Collagen, and 1% silver-ORC</td>
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<tr>
<td>92.7%², B</td>
<td>Ease of removal</td>
<td>When in contact with fluid the matrix gels to contact the wound bed and does not require removal of any residual material³</td>
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<td>88%², C</td>
<td>Lack of adhesion to the wound bed</td>
<td>Helps manage exudate levels in conjunction with an appropriate secondary/cover dressing⁴</td>
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<td>86.9%², D</td>
<td>Absorbancy</td>
<td>Has hemostatic properties⁴</td>
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<tr>
<td>68%², E</td>
<td>Reduction of blood loss</td>
<td>• Helps prevent infection and does not delay healing⁵</td>
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<tr>
<td>43%², F</td>
<td>Antimicrobial activity</td>
<td>• Lowers pH level⁶</td>
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<tr>
<td></td>
<td></td>
<td>• Has antimicrobial properties⁴, ⁸</td>
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</table>

Footnotes:
A. Calculation of 98.5% based on response of “essential” 55.1% (n=38) and “desirable” 43.5% (n=30), N=69.
B. Calculation of 92.7% based on response of “essential” 53.6% (n=37) and “desirable” 39.1% (n=27), N=69.
C. Calculation of 88% based on response of “essential” 44.9% (n=31) and “desirable” 43.5% (n=30), N=69.
D. Calculation of 86.9% based on response of “essential” 39.1% (n=27) and “desirable” 47.8% (n=33), N=69.
E. Calculation of 68% based on response of “essential” 28.9% (n=20) and “desirable” 39.7% (n=27), N=69.
F. Calculation of 43% based on response of “essential” 15.9% (n=7) and “desirable” 27.5% (n=19), N=69.
Why Use Collagen/ORC vs. Collagen-Only Dressings?

In vitro studies have shown that the combination of collagen and ORC (Oxidized Regenerated Cellulose) has a greater effect in reducing both MMP and elastase activity than collagen alone.\(^7,8\) ORC has been found to reduce elastase activity, as well as the activities of other proteases.\(^9\) Furthermore, as ORC degrades, it lowers the pH which has been shown in vitro to help control bacterial growth.\(^10\)

ACELITY™ Primary and Cover Dressing Application Instructions

1. Follow institutional protocol to prepare the wound bed

2. Assess the level of exudate and apply PROMOGRAN PRISMA™ Matrix:
   - For minimal to low exudate moisten the matrix with saline to initiate transformation into gel

3. Cover with an appropriate cover dressing from the TIELLE™ Dressings Family per clinician preference, such as:
   - TIELLE™ Non Adhesive Hydropolymer Dressing with LIQUALOCK™ Technology or TIELLE™ Silicone Border Hydropolymer Dressing with Silicone with LIQUALOCK™ Technology
   - If TIELLE™ Non Adhesive Dressing is used, secure in place with an appropriate secondary dressing

4. Reapply PROMOGRAN PRISMA™ Matrix:
   - It is not necessary to remove any residual PROMOGRAN PRISMA™ Matrix during dressing changes. When product is no longer visible, reapply per clinician recommendation

Consider using ADAPTIC TOUCH™ Non-Adhering Silicone Dressing if pain during dressing change is a concern.

"The majority of respondents preferred a wound dressing that required no dressing change until the donor site had healed in order to improve healing by minimizing wound surface irritation. Avoiding frequent trauma of the regenerating epithelium during dressing change seemed to be pivotal. In addition, the potential to minimize patient discomfort with fewer dressing changes can improve patients' compliance, and consequently permit earlier patient discharge, resulting in a reduced length-of-stay with possible financial implication for inpatient care."\(^2\)

Because they do not need to be removed from the donor site wound, PROMOGRAN PRISMA™ Matrix dressings may minimize trauma to the regenerating epithelium.\(^2,3\)
### References:


NOTE: Specific indications, contraindications, warnings, precautions and safety information may exist for Systagenix products. Please consult a healthcare provider and product instructions for use prior to application. Rx only.

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To learn more about the benefits PROMOGRAN PRISMA™ Matrix and TIELLE™ Non-Adhesive Dressings, call 800-275-4524 or visit acelity.com